

Skill-Based Treatment: Steps and Data Sheets (Revised: May 2019; FTF Behavioral Consulting, Inc.)

Step #	Description
1	Conducted interview
2	Attended training
3	Designed and initiated analysis
4	Obtained zero problem behavior and high engagement in control context of functional analysis
5	Adequately controlled problem behavior in analysis with an interview-informed, synthesized reinforcement contingency
6	Developed protocol for <i>out-of-practice-sessions</i> time
7	Initiated treatment within practice sessions (agreed on prompting procedures and responses to problem behavior in practice sessions)
8	Completed simple functional communication training (FCT)
9	Completed complex FCT
10	Completed tolerance training
11	Designed contextually appropriate behavior (CAB) branches
12	CAB 1: Gained instructional control of stopping ongoing activity & relinquishing all positive reinforcers
13	CAB 2: Gained instructional control of transitioning to alternative area and readying to listen/learn
14	CAB 3: Gained instructional control of a few (1-3) responses/time units of cooperation within a single, relevant activity
15	CAB 4: Gained instructional control of a few responses/time units of cooperation within <i>multiple</i> relevant activities
16	CAB 5: Gained instructional control of <i>1 to 10 or more</i> responses/time units of cooperation w/in multiple activities
17	CAB 6: Gained instructional control of <i>1 to 10 or more</i> responses/time units of cooperation w/in multiple activities <i>while being challenged</i>
18	Completed shaping of 2 CAB branches
19	Completed shaping of 3 CAB branches
20	Transferred effects to new people
21	Transferred effects to new locations
22	Transferred effects across extended periods
23	Achieved social validation of outcome